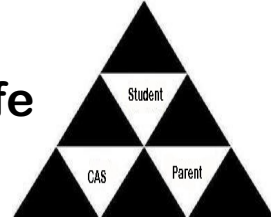
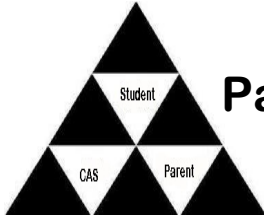


Summer 2009 CAS CONNECTIONS Parents' Guide to University Life



DIRECTOR'S WELCOME

Thank you for selecting SIU and more specifically, our CAS program to guide your student through their freshman year transition to the University. It is our plan to provide quality service to your child by making sure the necessary academic tools are available to make that adjustment.

We want this to be a mutual effort which includes you in the formula. The challenges ahead could result in positive outcomes if the student is committed and engaged. We hope this newsletter will provide information that is helpful. Our office is available to answer questions and assist you in guiding your student in the right direction. Here is to a freshman year of academic success.

Yvonne Williams, Ph.D.
Director

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WEEK OF WELCOME

WOW 2009 will begin with *Move-In*. When you arrive on campus, you will be greeted by hundreds of volunteers ranging from current SIUC students, faculty and staff, to community members, there to assist you and your family. Specially trained student leaders, known as Student Life Advisors, will be present throughout **WOW 2009** to help students and families make the transition to SIUC go as smoothly as possible. These students will not only meet you at the curb and help you move your belongings in to the Residence Halls, they will also be there to provide guidance and support to students throughout the first few weeks of classes.

The SIUC campus and Carbondale Community provide multiple activities to welcome students to campus. Some examples of activities are:

- Campus Welcome Stations
- Academic Orientation Programs
- New Student Welcome Fest
- University Housing Area Picnics
- Meet Me on Main with Carbondale Main Street
- Hypnotist with University Programming Office

College class tours

Free film with Student Programming Council

Student Center Open House

If you have any questions contact:
New Student & Family Programs
Student Development, MC 4424
Southern Illinois University
Carbondale, IL 62901
618-453-1000
www.newstudent.siu.edu

FAMILY ORIENTATION

During the **WOW 2009**, parents are encouraged to participate in SIUC's family weekend program. Administrators may be available to talk with parents about developmental changes students may experience during their first year at college. Parents are also encouraged to attend the CAS Orientation.
www.salukifamily.siu.edu

A student is

. . . the most important person on the campus. Without students there would be no need for the institution.

. . . not a cold enrollment statistic, but a flesh and blood human being with feelings and emotions like our own.

. . . not someone to be tolerated so that we can do our thing. THEY are our thing.

. . . not an interruption of our work, but the purpose of it. We are not doing them a favor by serving them. They are doing us a favor by giving us the opportunity to do so.

Author Unknown

PREPARING YOUR CHILD FOR COLLEGE

When your child is about to make that all-important leap into adulthood, via college, the best thing you can do is to be there for him/her and to provide a strong support network.

If possible, you and your child should visit the school and find out who the key staff are. It is important for your child to build a good relationship with his/her advisor, financial aid officer and resident assistant to ensure his/her success. Making these contacts early can lead to wonderful networking opportunities in the future.

Help your child get oriented to campus by aiding him/her in the moving-in process and perhaps supplying necessities, such as sheets, towels, blankets, pillows and snacks. The less your child has to think about daily essentials, the more he/she can concentrate on getting settled.

The main issues that students deal with, aside from handling themselves academically, are social. Am I going to like my roommate? Will my classmates like me? Will I meet new people? These are questions all incoming freshmen and returning students ask themselves.

Encountering so many different types of people from across the country and even outside the United States can be a bit disconcerting, especially if the student has never experienced such diversity before. The best way to handle such diversity, in many cases, is to embrace the differences.

Help your child understand that he/she should exercise an open mind toward the many diverse situations that may be encountered in college. Attending college involves meeting new people and learning and developing in new situations.

The first step in cultivating an open mind is to come to higher education with a positive attitude. The staff knows that it may be tricky for students to adapt to their new environment, but they are there to help the students – academically and socially.

On the practical side, it would be beneficial to make sure your child has all the essentials (including housing, registration, meal plan, financial aid, and immunizations) addressed before arriving on campus.

TIPS FOR ENCOURAGING COMMUNICATION

Cell Phone: Family share plans should make this communication method affordable. Have the college student pay any amount over the monthly charge (i.e., text messaging).

E-mail: If you do not have a computer, use a friend’s or one at the library. E-mail is available day or night. A child can answer in a sentence.

Facebook: May want to check your child’s Facebook entries periodically.

U.S. Mail: It is not obsolete. There is something wonderful about finding a letter/card from home waiting in the mailbox. You can include a self-addressed, stamped postcard or envelope to be mailed back to you.

Care Packages: Include something extra for roommates. Send baked goods in hard plastic containers so they survive the journey. And remember, students rarely complain about getting unexpected cash/gift cards.

NOTE: Do not cut your child some slack. Parents want their children to become good problem-solvers and independent yet maintain family ties. This does not happen instantly just because you send your child to college.

**? ? ? ? ? ? ? ?
FREQUENTLY ASKED
QUESTIONS
? ? ? ? ? ? ? ?**

Whom do I call if I have a question about my child’s university bill?

Bursar’s Office. 618-453-2221
www.bursar.siu.edu

Whom can I call with questions regarding my child’s health insurance?

Health Services. 618-453-3311
Student Insurance. . . . 618-453-4413
www.shc.siu.edu

My child would like to get a job on campus. How can campus job-openings information be obtained?

Financial Aid. 618-453-4334
www.siu.edu/~fao

How much money will my child need to buy books?

According to the local bookstores, the average cost of books per semester is between \$350 and \$500.

I would like to visit my child. What **lodging** is available in Carbondale?



- America’s Best Inns. . 618-529-4801
- Comfort Inn. 618-549-4244
- Econo Lodge. 618-457-3347
- Giant City Lodge. . . . 618-457-4921
- Hampton Inn. 618-549-6900
- Heritage Motel. 618-457-4142
- Holiday Inn 618-549-2600
- Motel 6. 618-457-5566
- Ramada Ltd.. 618-351-6611
- Stone Creek Cabins. . . 618-351-4653
- Super 8 Motel. 618-457-8822

CHANGE OF ADDRESS

If you, as a parent or guardian, move to another location or change phone contact numbers, please keep the CAS office informed to ensure that future mailings (including newsletters and mid-semester grades) and/or phone calls will reach you. Contact CAS at:

Center for Academic Success
 Southern Illinois University Carbondale
 Woody Hall C-7, MailCode 4720
 Carbondale, IL 62901
 618-536-6646

FALL '09 CALENDAR



<u>August 21:</u>	Move-in Day
<u>August 22:</u>	CAS Orientation
<u>August 24:</u>	Fall Semester classes begin.
<u>August 28:</u>	Last day to register or add a class.
<u>September 4:</u>	Last day to drop a semester-length course and receive a refund.
<u>September 7:</u>	Labor Day Holiday
<u>October 23-25:</u>	Saluki Family Weekend
<u>October 12-16:</u>	Mid-Semester Exams
<u>October 10:</u>	Homecoming
<u>October 16:</u>	Last day to drop a semester-length course.
<u>November 11:</u>	Veteran's Day (No School)
<u>November 21 – 29:</u>	Thanksgiving Vacation
<u>December 14-18:</u>	Final Exams
<u>TBA:</u>	Final grades available on SalukiNet

CAS student may not register themselves for classes – nor can they add/drop classes – they must see their Academic Advisor in person for any schedule changes.

BURSAR BILLING CALENDAR

Statement of Account: (mailed the week of)	Payment Deadline: (to prevent service charge assessment)	
July 22, 2009 (first bill of Fall '09 term)	August 10, 2009	
August 15, 2009	September 10, 2009	
September 15, 2009	October 10, 2009	
October 15, 2009	November 10, 2009	
November 15, 2009	December 10, 2009	
December 15, 2009 (first bill of Spring '10 term)	January 10, 2010	

CAS DIRECTORY

DIRECTOR:

Yvonne Williams, Ph.D.

ACADEMIC CASE MANAGERS:

Josette Bradford
 Walter Davis
 Jeannie Killian, Ph.D.
 David Neis
 M Stalls, Ph.D.

CAS ORIENTATION

There is an **orientation session** for CAS students on **Saturday, August 22 from 10 a.m. until noon in the Student Center Ballrooms**. Meet with some of the people who care about students' success. Staff from CAS and other University programs will introduce students and families to their services and offer activities to get students started on the journey to success. CAS Orientation will give students and parents the opportunity to meet with CAS instructors, component coordinators, academic coaches and staff. A brief overview of CAS components will be presented; this will allow students and parents to become more acquainted with the services available to them during the semester. Also during orientation, there will be representatives from campus offices (i.e., Financial Aid and Career Services) presenting information that will be beneficial to students.

Parents and students will have the opportunity to ask questions during these sessions and to meet with the representatives after orientation.

“Only the educated are free.”
Epictetus